



Forest School clothing KIT LIST:

The thickness of clothing will depend on the season:

1. Wellies (with good tread)
2. Waterproof trousers (to wear on top of trousers)
3. Waterproof jacket (with hood)
4. Warm socks. An extra pair for cold weather
5. Long trousers (long johns / leggings too in winter)
6. Long-sleeved top (multiple layers for cold weather)
7. Hat (sun or winter)
8. Gloves / scarf for colder days
9. Names on clothes
10. Sun Cream for sunny days
11. Water bottle
12. A SPARE set of trousers, long sleeved top and socks with a plastic bag for dirty clothes to go home in.

Even when it is sunny and warm the wooded area is shady, warm clothes are important.

Please use old clothes and let your child know that at Forest School they CAN GET DIRTY and you don't mind!

Example activities which your child may choose whilst at Forest School:

- Den building – collaboration, engineering, gross motor skills, habitats, risk assessment
- Engineering pully systems for raising and lowering - collaboration, engineering, gross motor skills, habitats, risk assessment
- Scavenger hunts – exploring environment and learning about/naming plants and insects
- Arts and crafts with natural materials – artistic expression, exploration with materials, collaboration
- Mud kitchen – fine and gross motor skills, role play, collaboration • Sharing children's books and stories with a message of ecological preservation
- Balancing on fallen trees – generating role play

